

# Soil Builders – Education in Action

## Module 2: Drivers for Clean Water & Healthy Soils





## **Founded in 2002**

***We believe** that increasing the use of compost in our communities will improve soil health, water quality, and our resilience to climate change*

### **Mission:**

Advance production and use of compost as vital to soil health through practices that contribute to water quality, plant vigor, and environmental resilience

Demonstrate the value of compost through education, policy, outreach, and partnerships to reduce waste, capture energy, and create jobs

**501c3** - cooperative, stakeholder driven approach in our work

# Soil Builders – Education in Action

## Module 2: Drivers for Clean Water & Healthy Soils



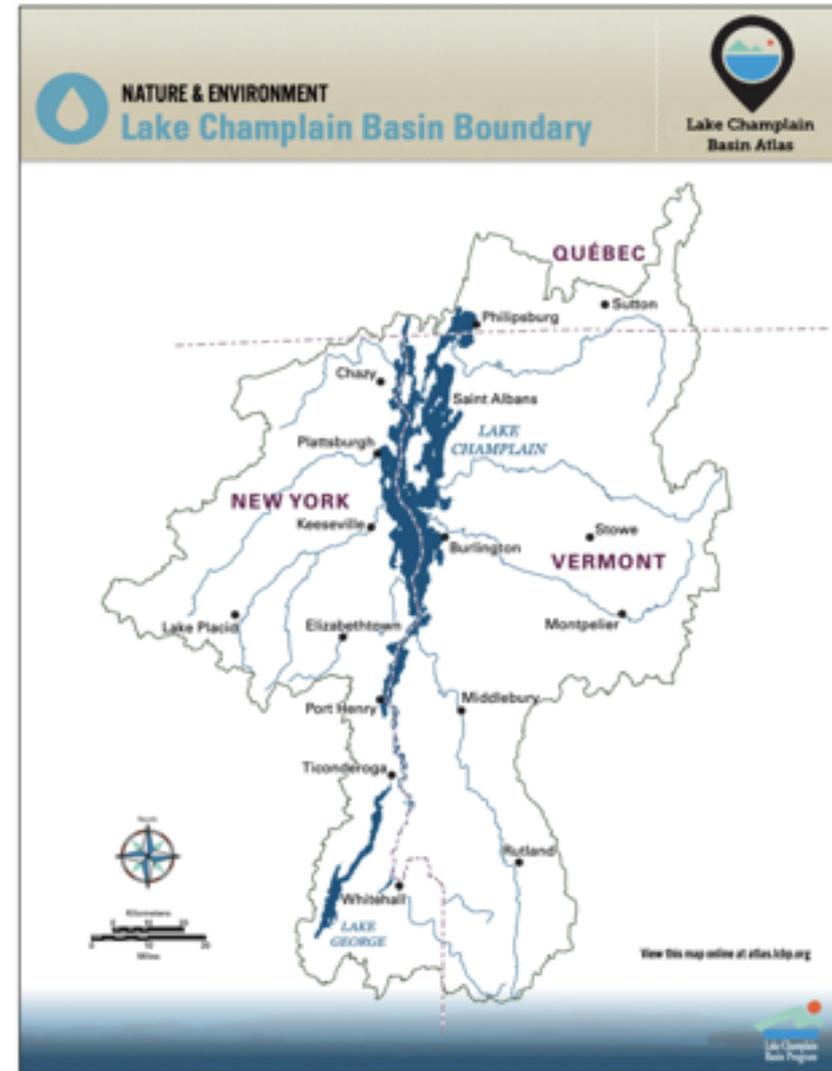
- Natasha Duarte, Composting Association of Vermont
- Elly Ventura, Lamoille Regional Solid Waste Management District

# Soil Builders Workshops

Compost-related eco-literacy for Lake Champlain Basin decision-makers, professionals and advocates.

Compost increases soil stability, fertility, water infiltration, and moisture retention.

Using compost in land management practices is a critical strategy for climate adaptation.



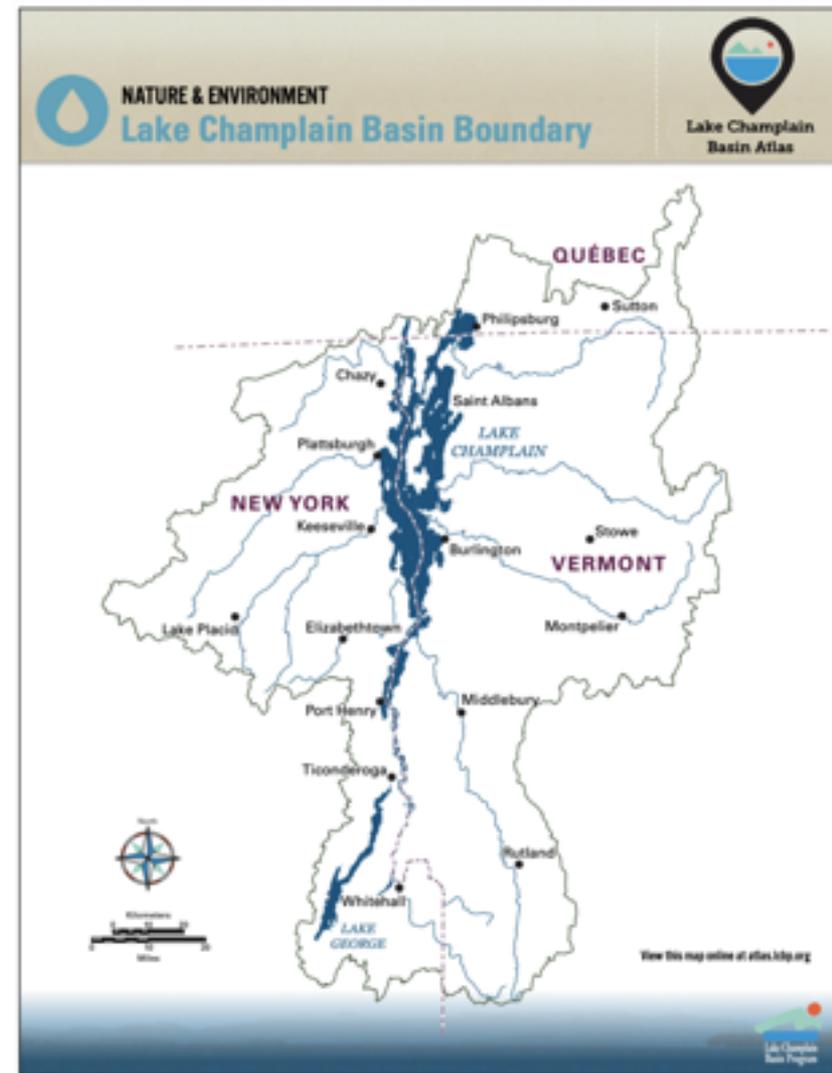
# Soil Builders Workshop Topics

Soil health & water quality

Drivers for clean water &  
healthy soil

Best Management Practices for  
compost & compost-based  
products

Education in action – next steps



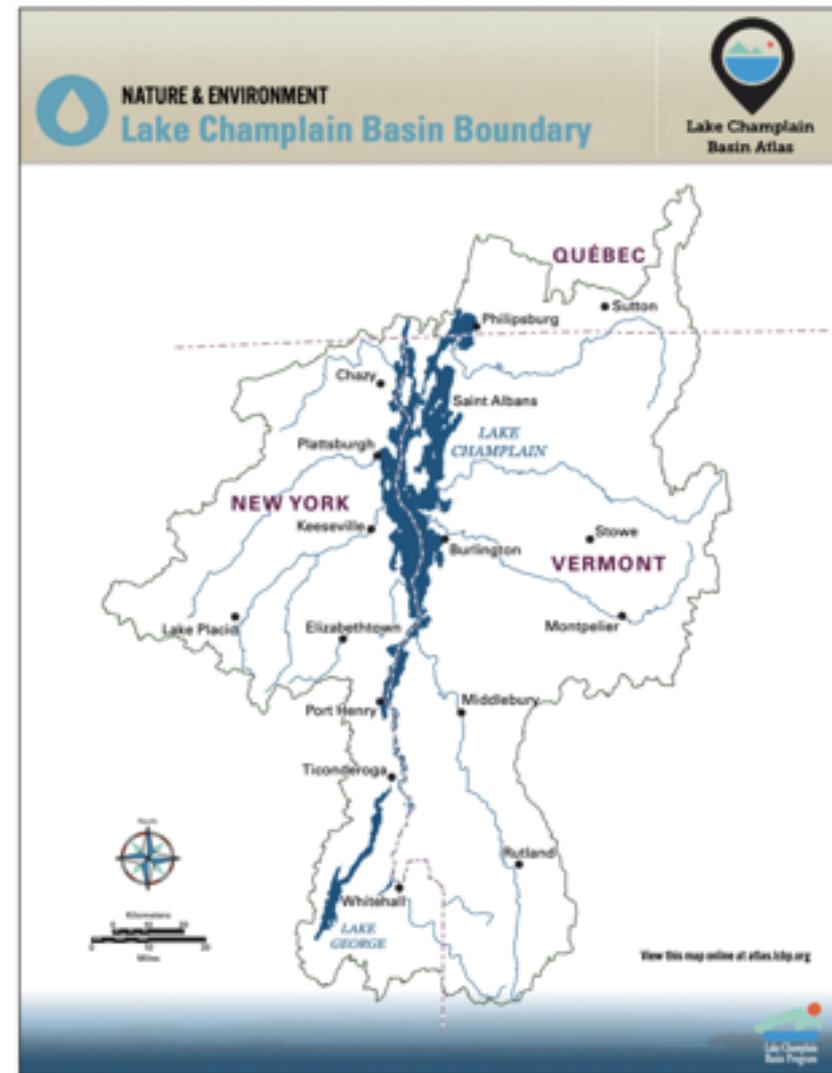
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# Project Partners

- Athena Lee Bradley, Compost Consultant, CAV Board Member
- Mark Companion, Lake Champlain Sea Grant
- Chuck Duprey, Naturcycle
- Brian Jerosse, Agrilabs Technologies Inc., CAV Board Member
- Deb Neher, UVM
- Elly Ventura, Lamoille Regional Solid Waste Management District, CAV Board Member

# Additional Thanks

- CAV Board of Directors



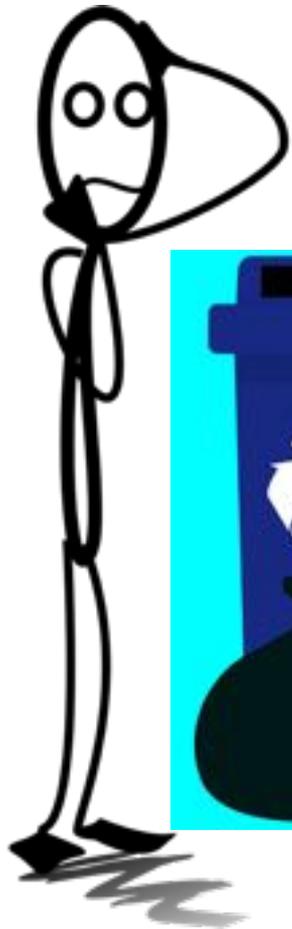
*This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement (LC00A00605) to New England Interstate Water Pollution Control Commission in partnership with the Lake Champlain Basin Program.*

# We've Got Work To Do

	% of World Population	% of Trash Created	Recycling/ Composting Rate	Plastic Recycling Rate
United States	4%	12%	35%	9%
China	36%	27%	n/a	22%
India			66%	n/a

How did we get here?





# It Doesn't Have To Be Confusing





Image credit: Waste360.com

Composting Association of Vermont (CAV)

Reclaiming Organic Residuals For Good

Every year, U.S. landfills and trash incinerators receive **167 MILLION TONS** of garbage.

**> 50%** of typical municipal garbage set out at the curb is compostable.

Landfills and incinerators are dangerous.  
Every bag thrown out contributes to:



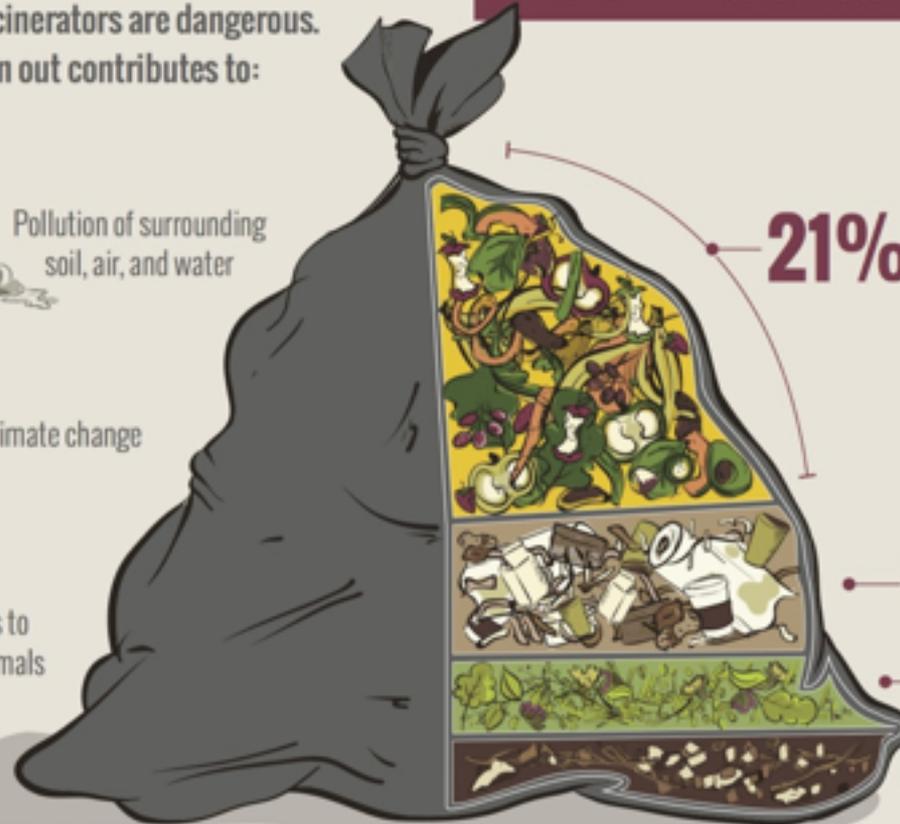
Pollution of surrounding soil, air, and water



Climate change



Health hazards to humans and animals



**21%** is food scraps alone

**15%** paper/paperboard

**8%** yard trimmings

**8%** wood waste

**SOURCES:**

Brenda Platt, Nora Goldstein, Craig Coker, and Sally Brown, *The State of Composting in the U.S.: What, Why, Where, & How*, Institute for Local Self-Reliance (ILSR), June 2015.

US EPA, *Advancing Sustainable Materials Management: Facts and Figures 2013*, June 2015, pp. 12, 46.

Brenda Platt, Eric Lombardi, and David Ciolet, *Stop Trashing the Climate*, Institute for Local Self-Reliance (ILSR), 2008.

Brenda Platt, Bobby Bell, and Cameron Harsh, *Pay Dirt: Composting in Maryland to Reduce Waste, Create Jobs & Protect the Bay*, Institute for Local Self-Reliance (ILSR), May 2013.

Mike Ewi, *Trash Incineration Factsheet*, Energy Justice Network web page, <http://www.energyjustice.net>, accessed April 2016.

**ILSR** INSTITUTE FOR  
Local Self-Reliance

To learn more, visit: [ilsr.org/compost-impacts](http://ilsr.org/compost-impacts)

# FOOD WASTE IN THE U.S. IS...

## EXCESSIVE

**40%**

OF ALL FOOD PRODUCED IN THE U.S. IS WASTED



**133** BILLION POUNDS

Food wasted per year. That represents 1,249 calories per person, per day.

## EXPENSIVE



**\$161** BILLION

Uneaten food at retailers, restaurants, and homes costs \$161 billion annually



**\$1,500**

Per capita, this amounts to over \$1,500 for a family of four

## ENVIRONMENTALLY HARMFUL



Food makes up 20% of landfill weight—the single largest municipal waste source



The methane released by food is a greenhouse gas 21 times more powerful than carbon dioxide

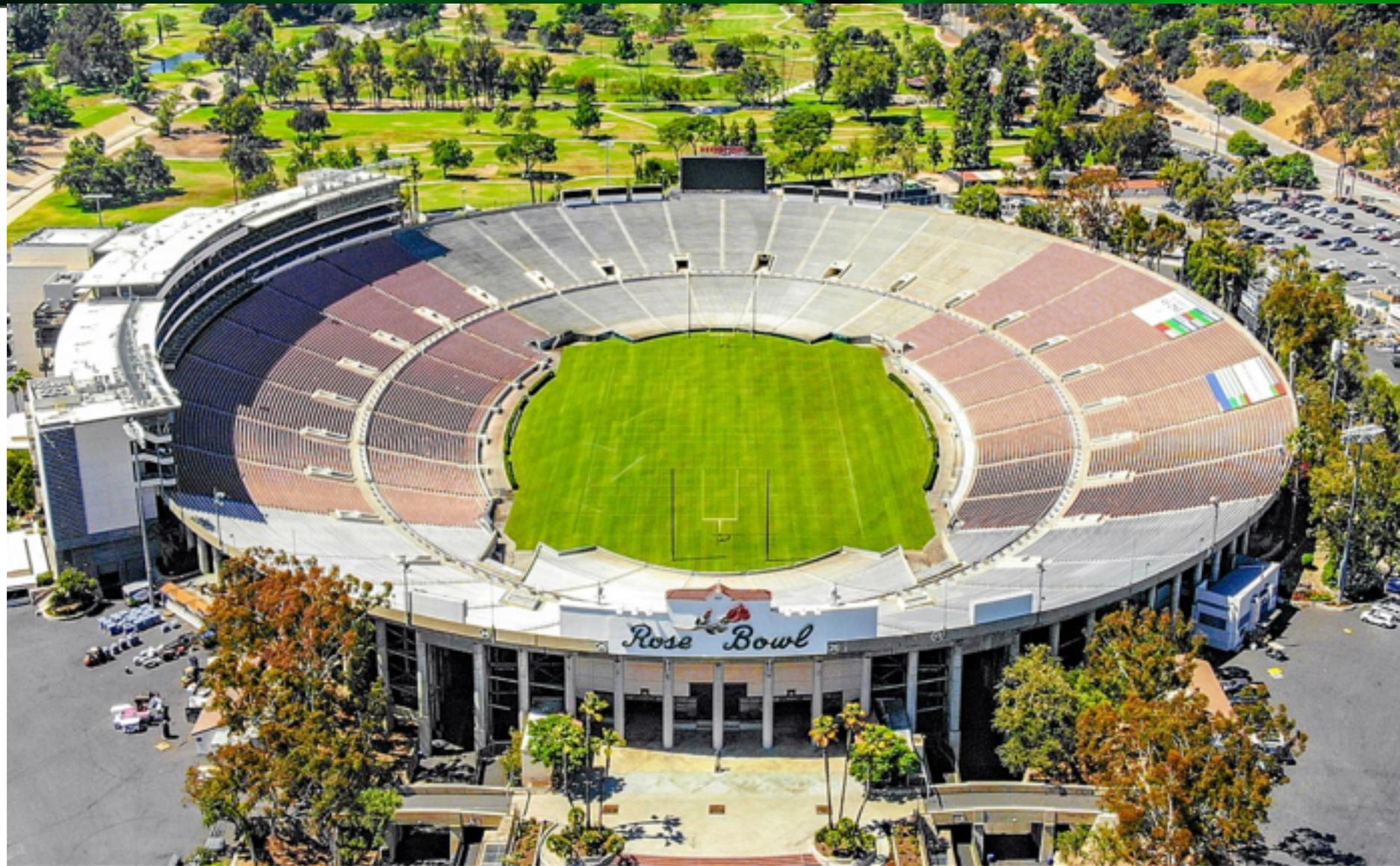


photo credit: wikipedia, view from the south 2018

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Reclaiming Organic Residuals For Good

# FOOD INSECURITY

in the United States

**food in-se-cu-ri-ty**  
the state of being without reliable access  
to a sufficient quantity of affordable,  
nutritious food.

**50** million people  
in the U.S. can  
be classified as food  
insecure<sup>1</sup>

**FOOD INSECURITY HAS  
MANY DIFFERENT FACES**



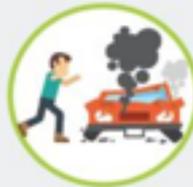
**WHAT?**

Factors that may play a role in food insecurity

**ETHNICITY / MEDICAL COMPLICATIONS**

**ECONOMIC HARDSHIP / HOUSEHOLD COMPOSITION**

.....  
*Something as simple as  
a broken car can lead to  
decreased \$ for food*  
.....



+



=



**FOOD  
INSECURITY  
IS ASSOCIATED WITH NUMEROUS  
HEALTH RISKS**

- ▶ Overweight/obese
- ▶ Diabetes/heart disease
- ▶ Illness/hospitalization
- ▶ Depression
- ▶ Malnutrition

Egg Nutrition Center

**ENC**  
eggnutritioncenter.org

<sup>1</sup>USDA ERS Report 294, Household Food Security in the United States in 2014.

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Growing

Harvest

Distribution

Storage

Processing

On the shelves

In the home/biz



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Reclaiming Organic Residuals For Good

## FOOD WASTE IN THE U.S.

Americans throw away

**40%** of the food they buy.



That's almost  
**\$400 A YEAR**  
per person.

An estimated  
**133 BILLION POUNDS**  
in 2010.

We could save  
**2 PERCENT**  
of all U.S. energy consumption  
if we stopped wasting food.

## Reduce Food Waste by 50% by 2030

- Partnership between the USDA and the EPA
- Announced in September 2016
- Supported by Food Retailers, Agricultural Industry and Charitable Organizations
  - US Composting Council
  - Feeding America
  - Food Marketing Institute

Sources: Environmental Protection Agency,  
Environmental Science and Technology, 2010

**THINKPROGRESS**

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Reclaiming Organic Residuals For Good

GREENHOUSE EFFECT

CARBON DIOXIDE



METHANE



# LANDFILL SITE

CONTAINS DECAYING ORGANIC WASTE FROM FARMS, KITCHENS, GARDENS, RESTAURANTS, MARKETS

LINER

PHENOLS

TOLUENE

BENZENE

POLY-CHLORINATED BIPHENYLS

AMMONIA

DIOXINS

CHLORINATED PESTICIDES

HEAVY METALS

OTHER CHEMICALS

GROUND WATER

# Heat Trapping Greenhouse Gases Methane vs. Carbon Dioxide

1 lb.  
methane

23 lbs.  
carbon  
dioxide



1 lb. of methane has the equivalent heat trapping ability of 23 lbs. of carbon dioxide

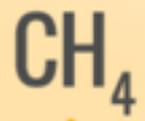
[NWFarmsandFood.com](http://NWFarmsandFood.com)

GREENHOUSE EFFECT

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METHANE



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DIOXINS

CHLORINATED  
PESTICIDES

HEAVY  
METALS

OTHER  
CHEMICALS

GROUND WATER

# Vermont's Universal Recycling Law (Act 148)

- Passed unanimously in 2012
- Rolled out from 2014-2020



## The goal:

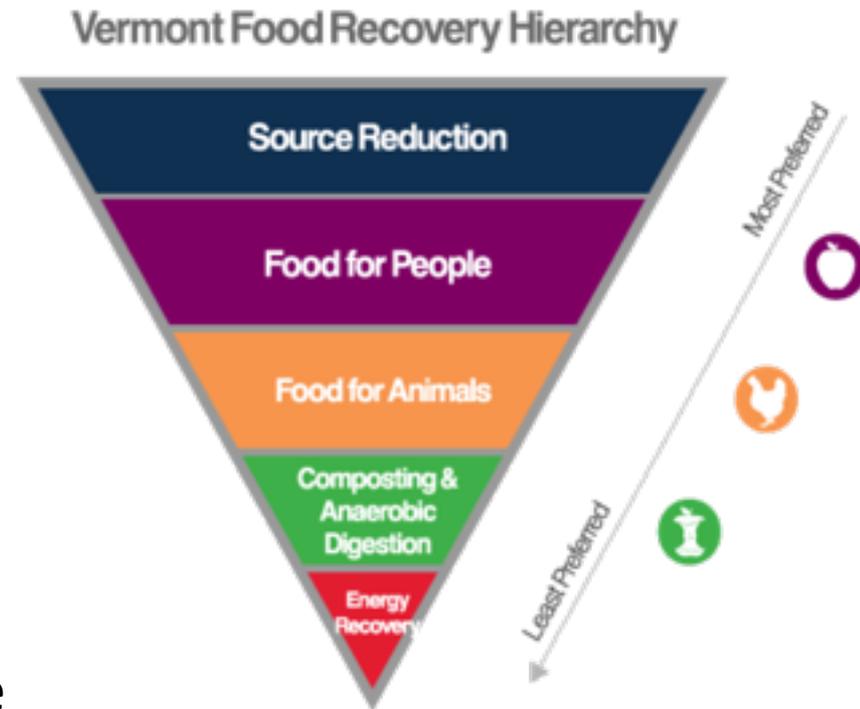
Improve capture and diversion rates to prevent valuable materials from being landfilled



# Food Scraps Disposal Ban

Phases for food scrap generators within 20 miles of a facility

- 2014 > 104 tons/year (2 tons/wk)
  - 2015 > 52 tons/year (1 ton/wk)
  - 2016 > 26 tons/year ( $\frac{1}{2}$  ton/wk)
  - 2017 > 18 tons/year ( $\frac{1}{3}$  ton/wk)
- 2020 all food scraps banned regardless of volume and distance



# Vermont's Clean Water Bill (Act 64, 2015)

## Clean Waters are a Critical Community Asset

- Protect health
- Preserve the natural beauty
- Enhance the ecological values of our waters
- Are an essential legacy for Vermont's Future Generations



Image credit: [1778011](#) from [Pixabay](#)

# Vermont's Clean Water Bill (Act 64, 2015)

“Healthy soil means soil that has a well-developed, porous structure, is chemically balanced, supports diverse microbial communities, and has abundant organic matter.”

*The major problem is not runoff but infiltration - and this is where increasing soil health really comes into play.*

Lake Champlain, TMDL Implementation Plan



# Required Agricultural Practices (RAPs)

- Nutrient, manure, & waste storage standards
- Recommendations for soil health practices
- Requirements for vegetated buffer zones & livestock exclusion from surface water



# Stormwater From Developed Lands

- Reduce or prevent water quality & flooding impacts during & after development
- Minimize stormwater impacts through construction and post-construction BMPs
- VT Stormwater Management Manual updated (2017)



# Stormwater Permit Requirements

## Erosion Prevention & Sediment Control

- Capture/filter runoff – perimeter & inlet control
- Runoff Reduction – site stabilization is required

## Post-construction soil quality requirement

- Amend disturbed soil to 4+% organic matter content



# Municipal Roads General Permit Requirements

- Stabilize road drainage systems
- Reduce potential road pollutants (excess nutrients, sediment, trace heavy metals, hydrocarbons, road salt)

✓ Opportunities to utilize compost to meet water quality & runoff reduction goals



# What Is Compost?

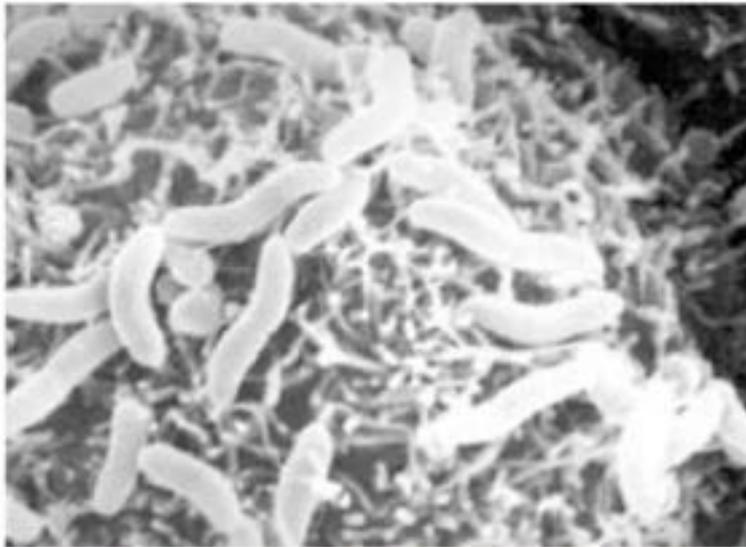
- A soil amendment rich in organic matter made by the controlled biological decomposition of organic materials
- Made from a recipe of organic wastes
- Must go through an aerobic heating and curing process to be biologically stable and mature
- Improves biological, physical and chemical characteristics of soils



# Estimated Carbon to Nitrogen Ratios

Adapted from Robert Rynk, "*On-Farm Composting Handbook*,"  
Natural Resource, Agriculture, and  
Engineering Service, 1992.

<b>Carbon Sources</b>	<b>C:N</b>
Yard wastes (leaves, dried grass clippings, chopped branches)	50 - 90:1
Straw	60 - 80:1
Paper (shredded)	160 - 180:1
Cardboard (shredded)	250 - 350:1
Wood shavings, chips, dust	250 - 500:1
<b>Nitrogen Sources</b>	<b>C:N</b>
Vegetable scraps	10 - 30:1
Fruit scraps	10 - 30:1
Grass & garden gleanings	10 - 20:1
Chicken manure	10 - 25:1
Cow manure	20 - 30:1
Horse manure	25 - 30:1



# Composting Association of Vermont (CAV)

Reclaiming Organic Residuals For Good



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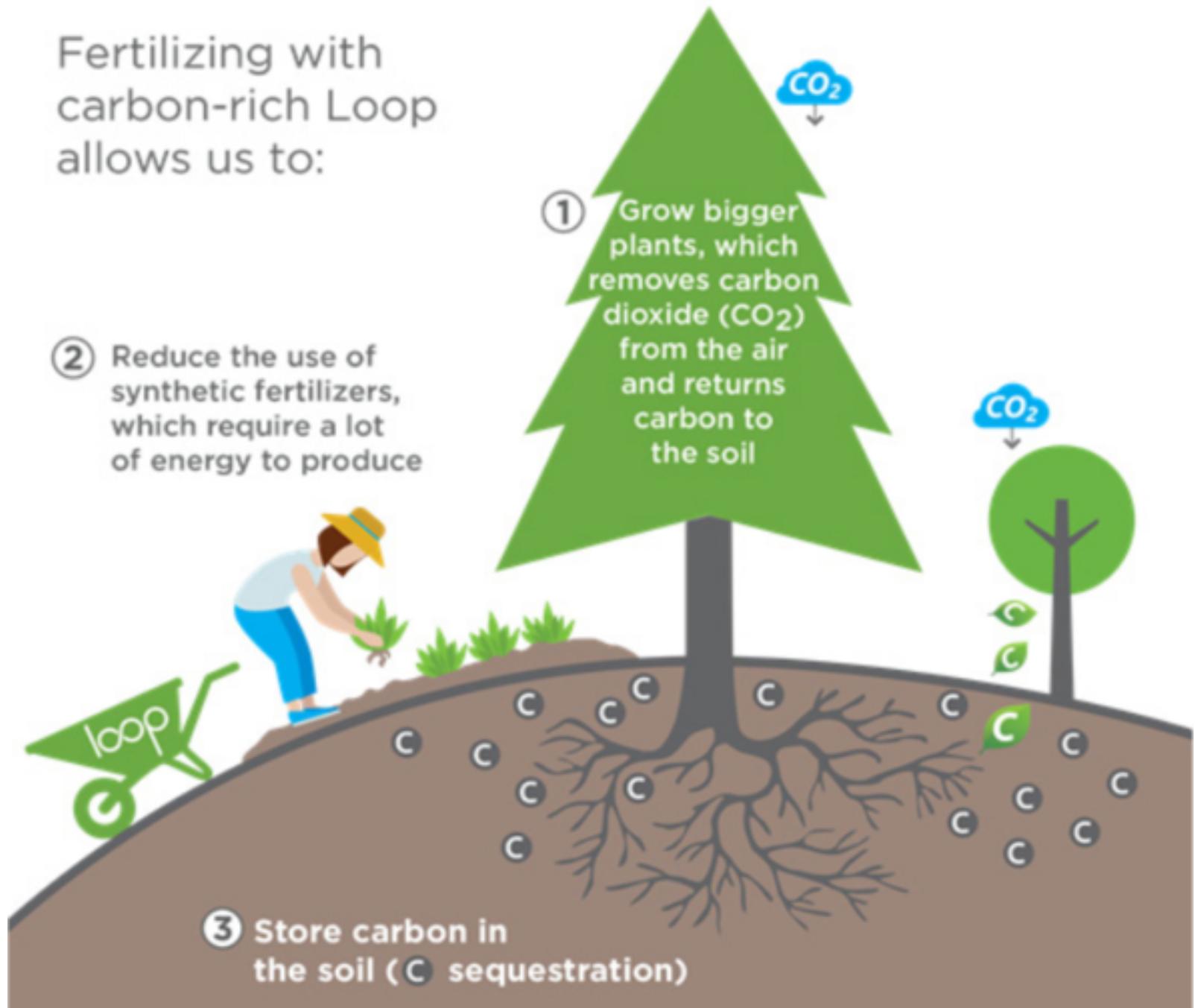
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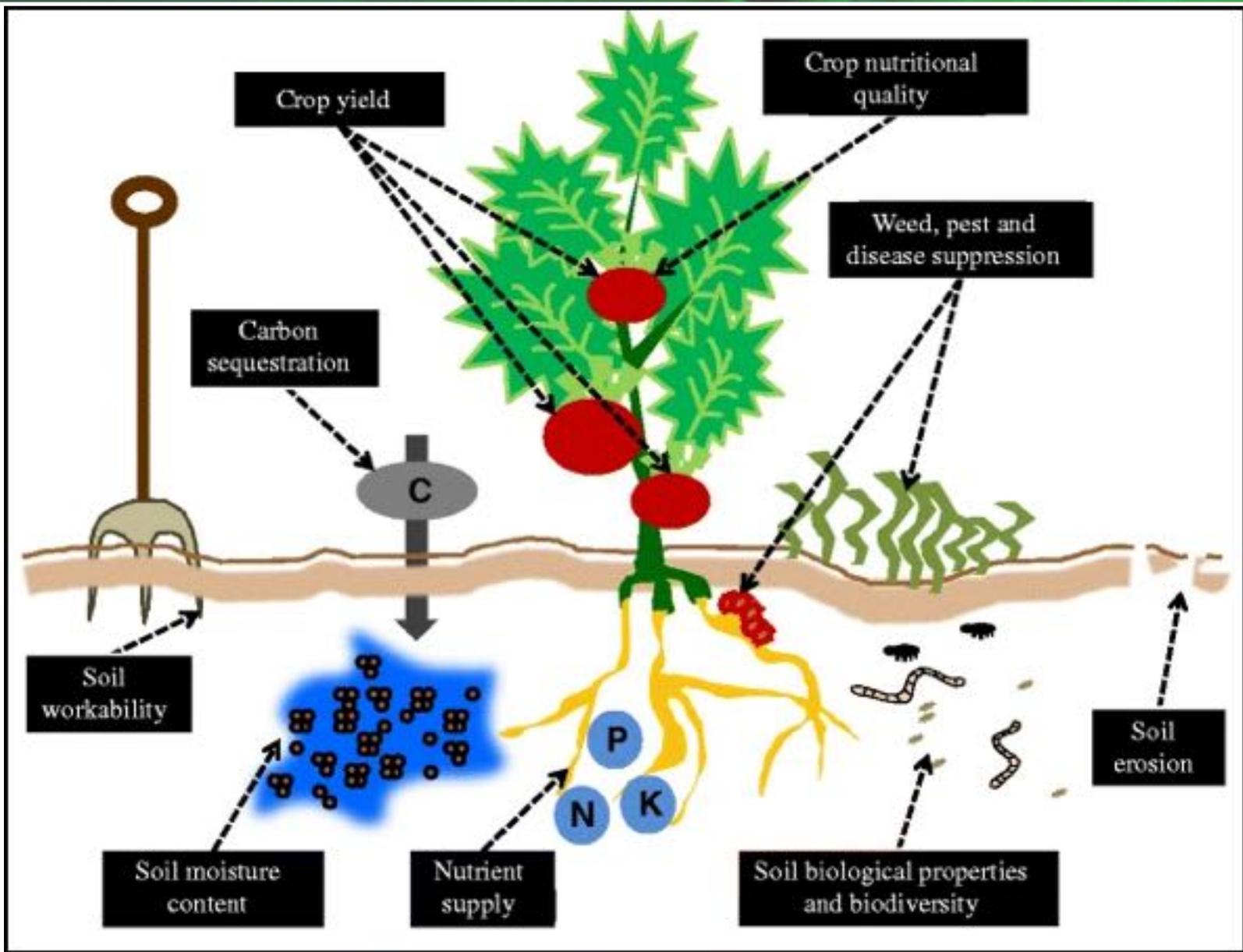
Fertilizing with carbon-rich Loop allows us to:

- ② Reduce the use of synthetic fertilizers, which require a lot of energy to produce

- ① Grow bigger plants, which removes carbon dioxide ( $\text{CO}_2$ ) from the air and returns carbon to the soil

- ③ Store carbon in the soil (C sequestration)





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**VT landfills ~77,000  
tons of food scraps  
each year.**



**Composting the  
scraps**



**instead of trashing  
them would...**

**reduce greenhouse  
gas emissions**



**as much as not  
driving ~115 million  
miles.**

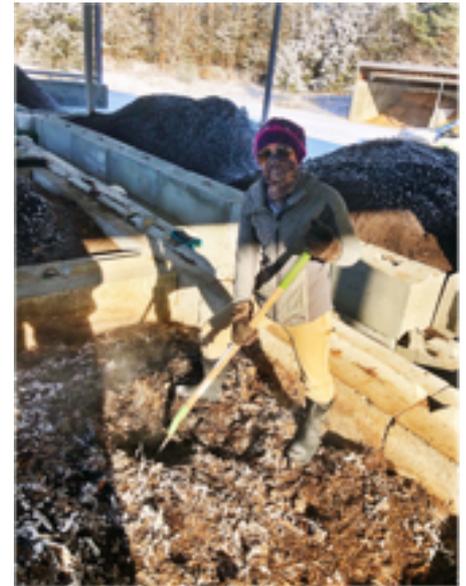
**That's like  
driving  
around Earth  
4,629 times!**

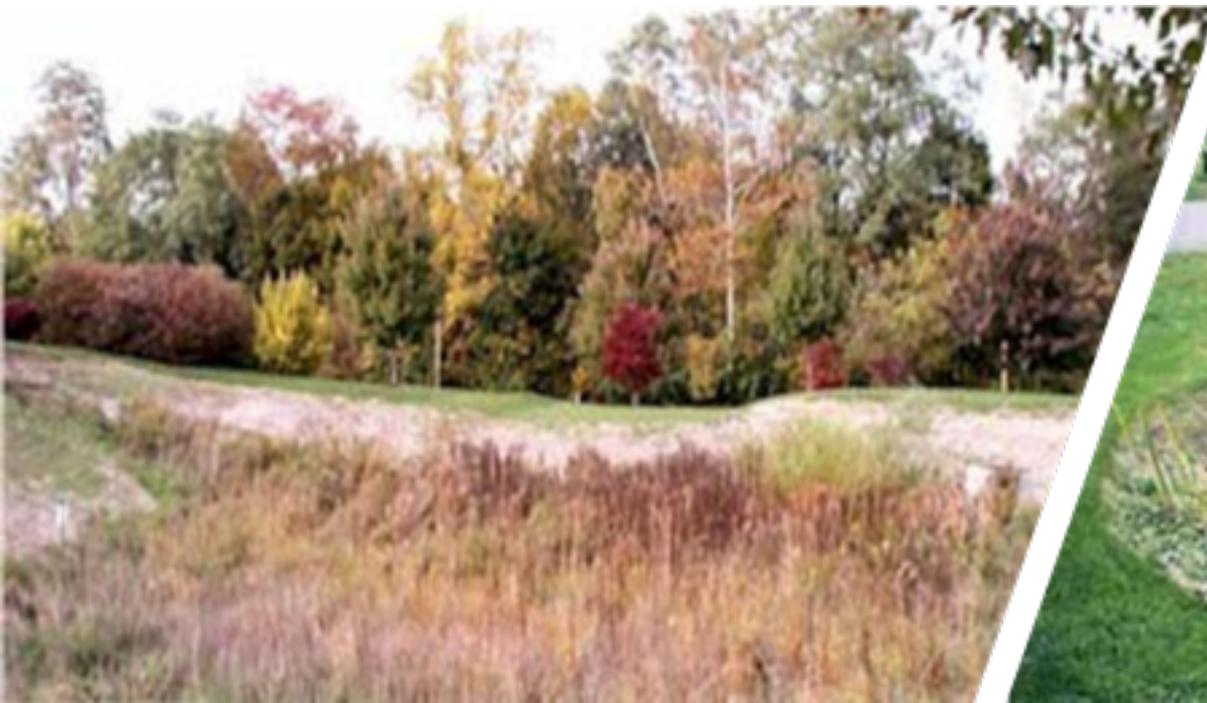


 April 2019

# Composting Creates Jobs

- On a per ton basis, diverting organics from landfills and making compost employs 2-4x more workers than landfills
  - Supports local economy & keeps these resources available to build healthy soil
- Using compost in green infrastructure creates even more jobs:
  - Erosion prevention & sediment control
  - Rain gardens
  - Green roofs
  - Revegetation of disturbed sites





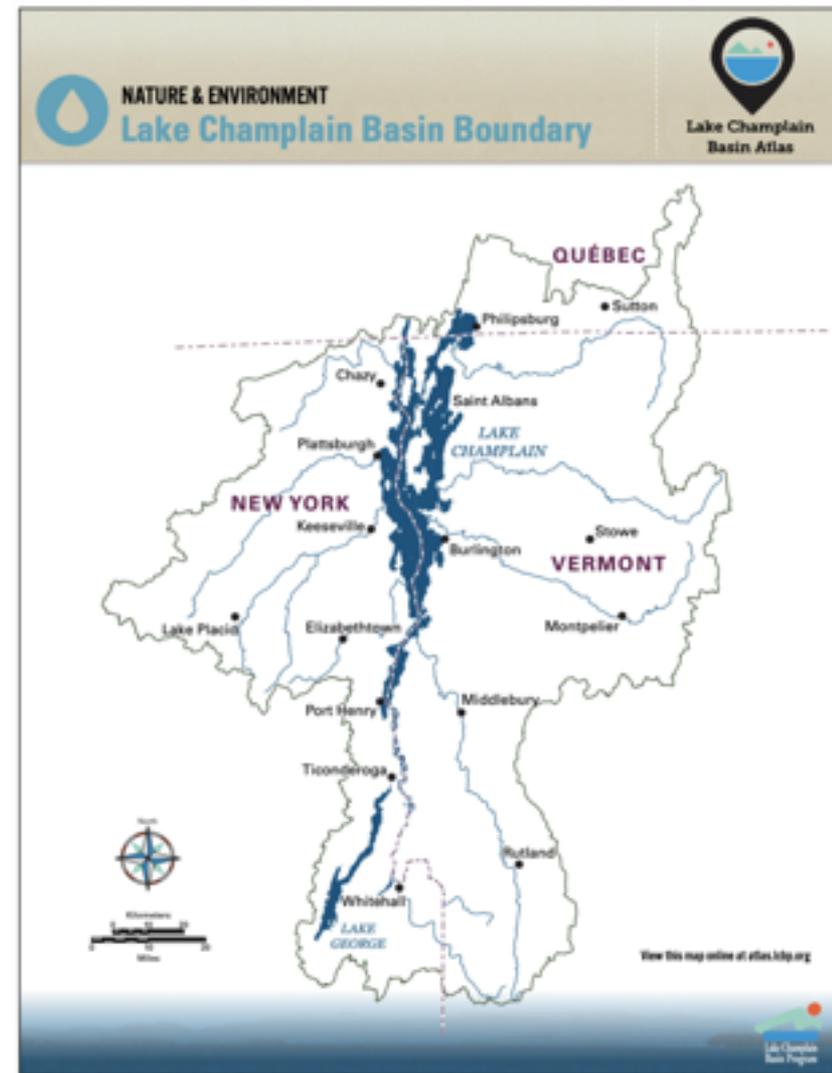
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## Contact Information:

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